



Embrace Good Health

Dept. of
Clinical Nutrition

First International Symposium on Nutrition Research Collaboration

in collaboration with International Affiliate of
the Academy of Nutrition and Dietetics (IAAND)



 February 09th and 10th, 2024

 Amrita Hospital, Kochi

Dear friends,

Greetings from Amrita Hospital, Kochi

The Department of Clinical Nutrition, Amrita Hospital, Kochi is delighted to host the very First International symposium in collaboration with International Affiliate of the Academy of Nutrition and Dietetics (IAAND) on February 9th and 10th, 2024 at Amrita Hospital, Kochi.

IAAND - an international nutrition and dietetics community who promotes health and well-being through food and nutrition, has over 1000 members and supporters, including student members and supporters, living in more than 78 countries and in a wide variety of settings including colleges and universities, schools and the community, local hospitals and clinics, private practice and consultation, industry and food service facilities, government and military, research and develop.

Objective

Endeavour herein is to facilitate access to the international platform for our nutrition and dietetics fraternity. IAAND has several projects that would be of interest, that universities and educational institutions should expose the students to the latest advances in the area of nutrition and dietetics through international exchange.



Amrita Hospital

Embrace Good Health

Kochi—a city rich with history and heritage—is home to one of South Asia's premier quaternary-care super-speciality hospitals. It is here that the then Prime Minister of India, the late Shri Atal Bihari Vajpayee, inaugurated Amrita Hospital on May 17, 1998 in the divine presence of Amma. What started as a 125-bed facility has become a 1,350-bed institution that treats 800,000 outpatients and 50,000 inpatients each year.

The hospital is one of the few multidisciplinary healthcare systems in the country which works on the basis of collaboration and shared information. We bring the best experts and the latest technology together to treat all ailments—ranging from the rarest of medical conditions to the most common disorders. Everything is of equal importance.

Accreditations

- NABH Accredited Hospital Services
- ISO 9001:2008 Certified Services
- 17 NABL Accredited Laboratories

Looking forward to Welcome you in Kochi



Who should attend?

Dietitians, Doctors, Researchers, PhD Scholars, Students

Renowned International and National Faculty



**Dr. Ahlam El
Shikieri**

Saudi Arabia 



**Dr. Judith
Beto**

USA 



**Dr. Esther
Meyers**

USA 



**Dr. Varsha
Tarvady**

India 



Dr. Prajakta

USA 



Dr. Shanthi

Malaysia 



**Dr. Sylvia
Klinger**

USA 



**Dr. Melisa
Karabeyoglu**

Turkey 



**Ms. Rupal
Shah**

India 



**Dr. Zenaida
Velasco**

Philippines 



**Dr. Rubina
Hakeem**

Pakistan 



**Mr. John
Casillas**

USA 

08:00AM – 09:00AM : Registration

09:00AM – 09:30AM : Inauguration

09:30AM – 09:50AM : **Prof. Dr. Ahlam El Shikieri**
IAAND History, Mission & Vision, Membership & Leadership opportunities

09:50AM – 10:10AM : **Dr. Judith Beto**
IAAND International Projects - KERI
Kids Eat Right - Mother & Child | E Global Mentoring | TIP Sheets

10:10AM – 10:30AM : **Dr. Sylvia Klingner**
Scope of Professional Development for India through IAAND

10:30AM – 10:45AM : Break

10:50AM – 11:30AM : **Dr. Esther Myers**
VUCA Session - Exploring Collaboration

11:30AM – 11:50AM : **Ms. Rupal Shah**
Introduction of India Country Representative & Plan of Action for India

- 11:50AM – 12:10PM : **Dr. Zenaida Velasco**
IAAND Website & Social Media Platforms
- 12:10PM – 12:30PM : **Dr. Melisa Karabeyoglu**
Education Stipends | Scholarships | Fellowships | Awards
- 12:30PM – 12:50PM : **Dr. Shanthi**
Indian Dietetic Practice Audit
- 12:50PM – 01:00PM : **Dr. Prajakta Ranade**
TIP SHEETS – PLAN FOR INDIA
- 01:00PM – 02:00PM : **Lunch Break**
- 02:10PM – 02:30PM : **Dr. Zenaida Velasco**
Nutriprenurship
- 02:30PM – 03:30PM : **Oral and Poster Presentations** - Post Graduates
- 03:35PM – 03:55PM : **Dr. Rubina Hakeem**
Sustainable Food Consumption and Nutrition
- 04:00PM – 04:20PM : **Dr. Judith Beto**
Renal Nutrition Latest Guidelines & Cultural Adaptation

04:20PM – 04:40PM : **Dr. Ahlam El Shikieri**
**IDEA – Inclusion, Diversity, Equity, and Access –
Conception to Implementation**

04:40PM – 05:00PM : **Dr. Sylvia Klingner**
**Nutrition Ambassador – Elevate Your Brand with
Effective Media Communications**

05:00PM – 05:15PM : High Tea

08:00AM – 09:00AM : **Oral and Poster presentations** - PhD Scholars

09:00AM – 10:30AM : **Dr. Esther Myers & IAAND Team**
Workshop - Dietitians & Physicians: Building Collaboration
Not Competition using the NCP

10:30AM – 10:45AM : **Break**

10:45AM – 01:00PM : **Dr. Esther Myers & IAAND Team**
Workshop - Dietitians & Physicians: Building Collaboration
Not Competition using the NCP

01:00PM – 02:00PM : **Lunch Break**

02:00PM – 02:15PM : **Dr. Varsha**
Breastfeeding: Critically Ill & Special Needs Infants









02:15PM – 03:00PM : **Mr. John Casillas**
Targeting Stunting in Impoversihed Mountain Communities
with Nutrition and Technology

03:00PM – 03:15PM : **Danone**, Recent Advances in Paediatric Nutrition

03:15PM – 03:30PM : **Prize distribution and Certificates**

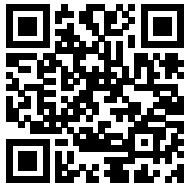
03:30PM : **Close of Symposium**

Registration Fee

	Early Bird Registration 31 st December 2023	Last Date for Registration 31 st January 2024	Spot Registration
Students	750/- Scan QR for Payment 	1000/- Scan QR for Payment 	1250/- Scan QR for Payment 
Dietitians / Academicians / Researchers	1250/- Scan QR for Payment 	1500/- Scan QR for Payment 	1750/- Scan QR for Payment 
Doctors	1750/- Scan QR for Payment 	2000/- Scan QR for Payment 	2250/- Scan QR for Payment 
International Delegates (Online)	3000/- Scan QR for Payment 	3500/- Scan QR for Payment 	4000/- Scan QR for Payment 

Call For Abstracts For Oral & Poster Presentations

- Submit the abstracts for oral and poster presentations online
- Abstracts to be sent to nutrisymposium24.amrita@gmail.com
- No hardcopy of the abstract accepted.
- The deadline for abstract submissions is 15th January 2024



Scan for
Abstract Submission Guidelines

Contact Details

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